

CHEMICAL SYNTHESIS OF [ $1\beta$ - $^3\text{H}$ ]1 $\alpha$ ,25-DIHYDROXYVITAMIN D<sub>3</sub> AND [ $1\alpha$ - $^3\text{H}$ ]1 $\beta$ ,25-DIHYDROXYVITAMIN D<sub>3</sub>: BIOLOGICAL ACTIVITY OF 1 $\beta$ ,25-DIHYDROXYVITAMIN D<sub>3</sub>

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## SUMMARY

The simple three-step preparation of [ $1\beta$ - $^3\text{H}$ ]1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub> and [ $1\alpha$ - $^3\text{H}$ ]1 $\beta$ ,25-dihydroxyvitamin D<sub>3</sub> from 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub> is described. In the rat, 1 $\beta$ ,25-dihydroxyvitamin D<sub>3</sub>, when compared with its  $\alpha$ -epimer, did not stimulate intestinal calcium transport or bone calcium mobilization at doses 1000-fold higher than the doses of the natural hormone, 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub>.

## INTRODUCTION

The synthesis of tritium-labeled vitamin D<sub>3</sub> and 25-hydroxyvitamin D<sub>3</sub> (25-OH-D<sub>3</sub>) of high specific activity has been instrumental in elucidating the metabolism of vitamin D<sub>3</sub> and its 25-hydroxy derivative to biologically active metabolites (1-3). For the study of the metabolism of 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub> (1 $\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub>), tritium-labeled 1 $\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub> was biochemically synthesized by incubation in vitro of [ $^3\text{H}$ ]25-OH-D<sub>3</sub> with chicken kidney homogenates (1-3).

Recently, Napoli et al. (4) chemically synthesized [ $26,27$ - $^3\text{H}$ ]1 $\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub> from homocholenate in twelve steps. In a simpler fashion we prepared 1 $\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub> with the tritium label in the A-ring. Our procedure is based upon the novel method of Mazur and colleagues (5,6) for oxidation of the 1 $\alpha$ -hydroxyl group of 1 $\alpha$ -hydroxyvitamin D<sub>3</sub> (1 $\alpha$ -OH-D<sub>3</sub>) to 1-oxoprevitamin D<sub>3</sub>. Reduction of this ketone with lithium aluminum hydride (LiAlH<sub>4</sub>) and subsequent thermal isomerization yielded a mixture of 1 $\beta$ -hydroxyvitamin D<sub>3</sub> (1 $\beta$ -OH-D<sub>3</sub>) and 1 $\alpha$ -OH-D<sub>3</sub> in a ratio of 2.8:1, whereas reduction with sodium borohydride (NaBH<sub>4</sub>) resulted in a single product, 1 $\beta$ -OH-D<sub>3</sub>. Using similar methods, Paaren et al. (7) oxidized 1 $\alpha$ -OH-D<sub>3</sub> and 1 $\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub> to their corresponding 1-oxo

derivatives and, after reduction with  $\text{LiAlH}_4$ , obtained a mixture of 1:4 of  $1\alpha$ - and  $1\beta$ -epimers. This simple three-step synthesis suggested that this procedure would be ideal for the synthesis of radiolabeled  $1\alpha$ - and  $1\beta$ -hydroxy derivatives by use of either  $^3\text{H-LiAlH}_4$  or  $^3\text{H-NaBH}_4$  as the reducing agent. We now report the synthesis of  $[1\beta\text{-}^3\text{H}]1\alpha,25\text{-(OH)}_2\text{-D}_3$  and  $[1\alpha\text{-}^3\text{H}]1\beta,25\text{-(OH)}_2\text{-D}_3$ , with a specific activity of 15 Ci/mM, and the first detailed analysis of the biological activity of  $1\beta,25\text{-(OH)}_2\text{-D}_3$ .

#### METHODS

**Chemical Synthesis of  $1\beta,25$ -Dihydroxyvitamin  $\text{D}_3$ :** Activated manganese dioxide was prepared by simultaneous addition and stirring, for 1 h, of aqueous solutions of manganese sulfate monohydrate and sodium hydroxide to a hot aqueous solution of potassium permanganate. The brown precipitate was washed until free of potassium permanganate and then dried at  $110^\circ\text{C}$  for 24 hours.

Activated manganese dioxide, 200 mg, was added in increments to 40 mg of  $1\alpha,25\text{-(OH)}_2\text{-D}_3$  (kindly provided by Dr. Milan Uskoković, Hoffmann-La Roche, Nutley, NJ) in 30 ml of dry methylene chloride, and the reaction mixture was stirred for 3 hours at room temperature when thin-layer chromatography (chloroform:ethyl acetate, 1:9, vol/vol) indicated approximately 50% oxidation. The reaction mixture was dried under nitrogen and then applied to a glass column (2 cm X 17 cm) packed with Sephadex LH-20, (Pharmacia, New Brunswick, NJ), slurried, and developed in 7:3 vol/vol chloroform:n-hexane. Fractions (4.0 ml) were collected, and fractions 15 through 25, having the ultraviolet (uv) absorption spectrum  $\lambda_{\text{max}}$ (ether) 288,238 nm of 1-oxo-25-hydroxyprevitamin  $\text{D}_3$ , were combined to give 15 mg of product (m/e 414 ( $\text{M}^+$ , 21%), 396 (82), and 378 (100)).  $\text{NaBH}_4$ , 20 mg, was added to a solution, at  $0^\circ\text{C}$ , of 1-oxo-25-hydroxyprevitamin  $\text{D}_3$  in 10 ml of methanol and 100  $\mu\text{l}$  of distilled water. The reduction was continued for 1 h at  $0^\circ\text{C}$ , at which time the uv absorption spectrum showed the disappearance of the 288- and 238-nm peaks and the appearance of a 260-nm peak. The solution was distributed between ether and water; the aqueous layer was withdrawn and extracted with ether; the ether layers were combined, and the procedure was repeated twice. The  $1\beta,25$ -dihydroxyprevitamin  $\text{D}_3$  ( $1\beta,25\text{-(OH)}_2\text{-preD}_3$ ) and  $1\alpha,25$ -dihydroxyprevitamin  $\text{D}_3$  ( $1\alpha,25\text{-(OH)}_2\text{-preD}_3$ ) were isolated by high-pressure liquid chromatography (LC) (Waters Associates, Milton, MA) on a  $\mu\text{Porasil}$  column (0.4 X 30 cm) using 5% vol/vol isopropanol/n-hexane at 3 ml/min. Under these conditions  $1\beta,25\text{-(OH)}_2\text{-preD}_3$  (Fig. 1) is eluted much earlier ( $t_r$ , 14 min) than  $1\alpha,25\text{-(OH)}_2\text{-preD}_3$  ( $t_r$ , 28 min) is.

Thermal isomerization of  $1\beta,25\text{-(OH)}_2\text{-preD}_3$  (MeOH,  $60^\circ\text{C}$ , 3 h) followed by purification on LC yielded  $1\beta,25\text{-(OH)}_2\text{-D}_3$  with a  $t_r$  of 24 min. Its uv absorption spectrum indicated  $\lambda_{\text{max}}$  265 nm,  $\lambda_{\text{min}}$  228 nm, and its  $^1\text{H}$  nuclear magnetic resonance spectrum (80 MHz,  $\text{CDCl}_3$ ) was as follows:  $\delta$  0.54 and 1.20 (s, 13-Me, 25-Me<sub>2</sub>), 4.10 (m, 3-H), 4.32 (m, 1-H), 5.00 (d, J 2.0 Hz (Z)-H, 5.28 (d, J 1.4 Hz, 19 (E)-H), and 6.44 and 6.04 (ABq, J 11.8 Hz, 6- and 7-H). Thermal isomerization of  $1\alpha,25\text{-(OH)}_2\text{-preD}_3$  (MeOH,  $60^\circ\text{C}$ , 3 h) followed by LC yielded  $1\alpha,25\text{-(OH)}_2\text{-D}_3$  with a  $t_r$  of 26 min and  $\lambda_{\text{max}}$  265 nm,  $\lambda_{\text{min}}$  228 nm.

Further characterization of the products was achieved by reducing 1-oxo-25-hydroxyprevitamin  $\text{D}_3$  with sodium borodeuteride ( $^2\text{H-NaBH}_4$ ) using a procedure

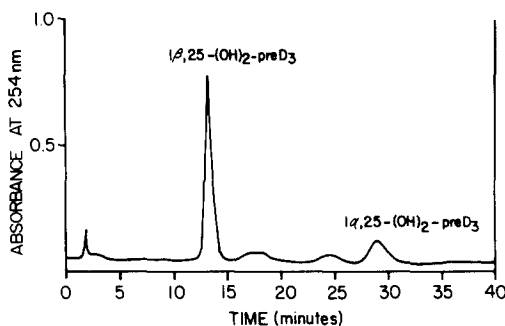


Figure 1. High-pressure liquid chromatographic separation of 18,25-dihydroxy-previtamin  $D_3$  and 1 $\alpha$ ,25-dihydroxy-previtamin  $D_3$  on a  $\mu$ Porasil column (5% vol/vol, isopropanol/ $n$ -hexane, 3 ml/min).

similar to the reduction with  $NaBH_4$ . The deuterated previtamins were isolated by LC and were then thermally isomerized to the deuterated vitamins, which were purified by LC. The mass spectrum of [ $18\text{-}^2H$ ]1 $\alpha$ ,25-(OH) $_2$ - $D_3$  (taken on a Kratos Model MS-50 mass spectrometer (Manchester, England) at 70 eV using a direct probe for sample introduction and a source temperature of 100°C above ambient temperature) showed  $m/e$  417 ( $M^+$ , 22%), 153 (25), and 135 (100). The mass spectrum of [ $1\alpha\text{-}^2H$ ]18,25-(OH) $_2$ - $D_3$  showed  $m/e$  417 ( $M^+$ , 50%), 153 (94), and 135 (100).

In an analogous sequence (Fig. 2), 1-oxo-25-hydroxy-previtamin  $D_3$  (2.0 mg) was dissolved in 5 ml of MeOH and reduced with 1.0 mg of  $^3H$ - $NaBH_4$  (specific activity 80 Ci/mM, obtained from New England Nuclear Corp., Boston, MA) at 0°C for 60 min. The excess  $^3H$ - $NaBH_4$  was reacted with acetone and dried *in vacuo*. The reaction mixture was dissolved in 1.0 ml of 65:35 (vol/vol) of  $CHCl_3$ : $n$ -hexane and applied to a glass column (1.5 X 30 cm) containing 15 g Sephadex LH-20 that was slurried in the same solvent. The products, [ $1\alpha\text{-}^3H$ ]18,25-(OH) $_2$ -pre $D_3$  and [ $18\text{-}^3H$ ]1 $\alpha$ ,25-(OH) $_2$ -pre $D_3$ , eluted between 70 and 100 ml and 150 and 200 ml, respectively. The isolated previtamin- $D_3$  epimers were warmed at 60°C for 6 h in MeOH, which thermally isomerizes the previtamin D's to the corresponding [ $1\alpha\text{-}^3H$ ]18,25-(OH) $_2$ - $D_3$  and [ $18\text{-}^3H$ ]1 $\alpha$ ,25-(OH) $_2$ - $D_3$  in an equilibrium ratio of pre $D_3$  to  $D_3$  of approximately 1:4.

The equilibrium reactions were chromatographed separately on LC chromatography as described above. The products [ $1\alpha\text{-}^3H$ ]18,25-(OH) $_2$ - $D_3$  and [ $18\text{-}^3H$ ]1 $\alpha$ ,25-(OH) $_2$ - $D_3$  had identical uv absorption spectra ( $\lambda_{max}$  265 nm,  $\lambda_{min}$  228 nm), characteristic of the 5,6-*cis*-triene chromophore. Identity and radioactive purity of [ $18\text{-}^3H$ ]1 $\alpha$ ,25-(OH) $_2$ - $D_3$  were established by cochromatography with authentic crystalline 1 $\alpha$ ,25-(OH) $_2$ - $D_3$ . Compound IVa eluted identically with crystalline 1 $\alpha$ ,25-(OH) $_2$ - $D_3$  on LC (Fig. 3).

**Bioassays:** Weanling male rats (Holtzman Co., Madison, WI) were fed a vitamin-D-deficient diet adequate in calcium and phosphorus for two weeks, and were then switched to a vitamin-D-deficient low-calcium (0.02%) diet for an additional 2 wk. Groups of 6 rats received either 20 ng of standard 1 $\alpha$ ,25-(OH) $_2$ - $D_3$  (obtained from Hoffmann-La Roche, Nutley, NJ), 20 ng of synthetic 1 $\alpha$ ,25-(OH) $_2$ - $D_3$  (obtained from the reduction of 1-oxo-25-hydroxy-previtamin  $D_3$ ), or 20  $\mu$ g of synthetic 18,25-(OH) $_2$ - $D_3$  (obtained from the reduction of 1-oxo-25-hydroxy-previtamin  $D_3$ ) intrajugularly in 50  $\mu$ l of 95% EtOH, whereas a control group received only the vehicle. The animals were decapitated 24 h after adminis-

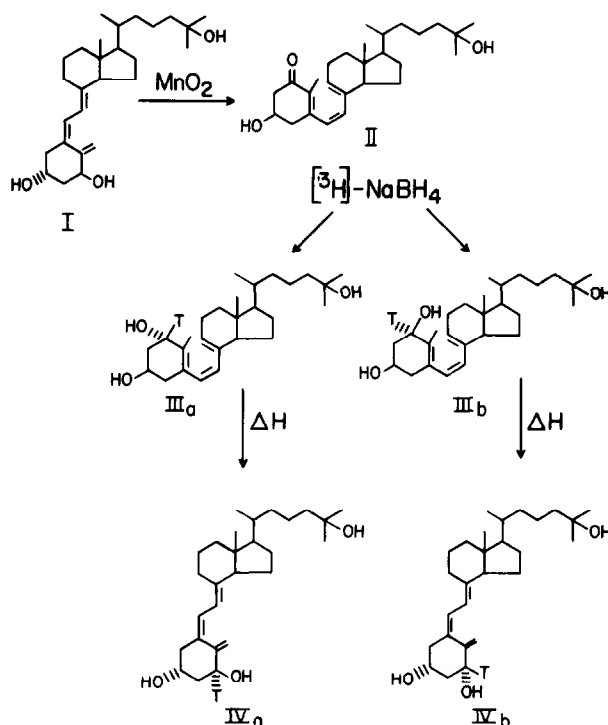


Figure 2. Procedure for the preparation of [18-<sup>3</sup>H]1α,25-dihydroxyvitamin D<sub>3</sub> (IV<sub>a</sub>) and [1α-<sup>3</sup>H]1β,25-dihydroxyvitamin D<sub>3</sub> (IV<sub>b</sub>).

tration, and their duodena and blood were collected. Intestinal calcium transport activity was measured by the everted-gut-sac technique (8), and bone calcium mobilization was determined based upon serum calcium measurements (9).

#### RESULTS AND DISCUSSION

We synthesized 1-oxo-25-hydroxyprevitamin D<sub>3</sub>, as previously described (5-7), and have reduced this product with NaBH<sub>4</sub> as outlined in Figure 2. In contrast to the experiment of Mazur and colleagues (5,6), which yielded only 1β-OH-pred<sub>3</sub> (100%) after the reduction of 1-oxo-pred<sub>3</sub> with NaBH<sub>4</sub>, our experiment yielded a mixture of 1β- and 1α-epimers in a ratio of 93:7, respectively, after the reduction of the 25-hydroxy derivative of 1-oxo-pred<sub>3</sub> (compound II). The products had the characteristic uv absorption spectra for the 6,7-cis-triene-chromophore, and they thermally equilibrated to 5,6-cis-triene isomers. Further characterization was obtained by synthesizing [18-<sup>2</sup>H]1α,25-(OH)<sub>2</sub>-D<sub>3</sub> and [1α-<sup>2</sup>H]1β,25-(OH)<sub>2</sub>-D<sub>3</sub>, which gave the appropriate mass spectra (7). The

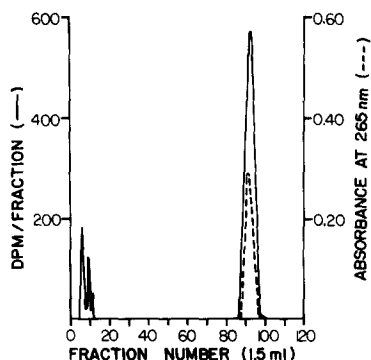


Figure 3. High-pressure liquid co-chromatography of [ $1\beta$ - $^3\text{H}$ ] $1\alpha,25$ -dihydroxy-vitamin  $\text{D}_3$  (—) with crystalline  $1\alpha,25$ -dihydroxyvitamin  $\text{D}_3$  (---) on a  $\mu$ Porasil column (5% vol/vol, isopropanol/n-hexane, 3 ml/min).

biologic activities of the synthesized  $1\alpha,25$ -(OH) $_2$ - $\text{D}_3$  and  $1\beta,25$ -(OH) $_2$ - $\text{D}_3$  were determined. Synthetic  $1\alpha,25$ -(OH) $_2$ - $\text{D}_3$  (20 ng) elicited intestinal calcium-transport and bone calcium-mobilization responses identical with equal amounts of standard  $1\alpha,25$ -(OH) $_2$ - $\text{D}_3$ . Synthetic  $1\beta,25$ -(OH) $_2$ - $\text{D}_3$  at a dose of 20  $\mu\text{g}$  was unable to stimulate either intestinal calcium transport or bone calcium mobilization 24 h after administration (Table 1). Thus, based upon spectroscopic, chromatographic, and bioassay data, the structures of the synthesized  $1\alpha,25$ -(OH) $_2$ - $\text{D}_3$  and  $1\beta,25$ -(OH) $_2$ - $\text{D}_3$  were confirmed.

With an identical sequence of reactions, 1-oxo-25-hydroxyprevitamin  $\text{D}_3$  was reduced with  $^3\text{H}$ - $\text{NaBH}_4$  to yield [ $1\beta$ - $^3\text{H}$ ] $1\alpha,25$ -(OH) $_2$ -pre $\text{D}_3$  and [ $1\alpha$ - $^3\text{H}$ ] $1\beta,25$ -(OH) $_2$ -pre $\text{D}_3$ . After thermal isomerization and purification on LC the products demonstrated uv absorption spectra characteristic of the 5,6-cis-triene system for the D vitamins. The specific activity of each product was determined to be 15 Ci/mM, and the radiochemical purity of each was based upon coelution with authentic products.

We report a simple chemical synthesis of [ $1\beta$ - $^3\text{H}$ ] $1\alpha,25$ -(OH) $_2$ - $\text{D}_3$ . Although the yield of the reduction with  $\text{NaBH}_4$  is only 7%, compared with 25 to 30% when  $\text{LiAlH}_4$  is used, this method of reduction and tritium incorporation was chosen because of the availability of  $^3\text{H}$ - $\text{NaBH}_4$  of high specific activity. (The specific activity for the  $^3\text{H}$ - $\text{LiAlH}_4$  that is commercially available at the

TABLE 1

Effect of synthetic  $1\beta,25-(\text{OH})_2\text{-D}_3$  and  $1\alpha,25-(\text{OH})_2\text{-D}_3$  on intestinal calcium transport and bone calcium mobilization 24 h after administration to vitamin-D-deficient rats.<sup>a</sup>

Dose	$^{45}\text{Ca}$ serosal/ $^{45}\text{Ca}$ mucosal (mean $\pm$ SEM)	Serum calcium levels (mg/dL)
50 $\mu\text{l}$ 95% EtOH	2.4 $\pm$ 0.1	4.4 $\pm$ 0.2
20 ng $1\alpha,25-(\text{OH})_2\text{-D}_3$ <sup>b</sup>	4.4 $\pm$ 0.1	7.5 $\pm$ 0.1
20 ng $1\alpha,25-(\text{OH})_2\text{-D}_3$ <sup>c</sup>	4.3 $\pm$ 0.1	7.3 $\pm$ 0.1
20 $\mu\text{g}$ $1\beta,25-(\text{OH})_2\text{-D}_3$	2.2 $\pm$ 0.1	4.4 $\pm$ 0.2

<sup>a</sup> There were six animals in each group.

<sup>b</sup> Obtained from the reduction of 1-oxo-25-hydroxyprevitamin  $\text{D}_3$ .

<sup>c</sup> Crystalline synthetic standard obtained from Hoffmann-La Roche, Nutley, NJ.

present time is approximately 1/80 that of  $\text{NaBH}_4$ .) Furthermore, our procedure labels the  $1\alpha,25-(\text{OH})_2\text{-D}_3$  in the A-ring, making it valuable for investigation of the side-chain cleavage metabolism of this metabolite.

Lawson *et al.* (6) reported that as much as 10  $\mu\text{g}$  of  $1\beta\text{-OH-D}_3$  was unable to produce calcium binding protein in chick intestine, and 0.25  $\mu\text{g}$  of  $1\beta\text{-OH-D}_3$  failed to produce any effect on endochondral calcification in the rat. Based upon these data, these authors stated that there was an absolute requirement of the  $1\alpha$ -hydroxyl group to be in the  $\alpha$  position. However, they presumed that  $1\beta\text{-OH-D}_3$  was hydroxylated on C-25 *in vivo* to  $1\beta,25-(\text{OH})_2\text{-D}_3$  without providing evidence for this. Paaren *et al.* (7) further noted that *in vitro* testing in the intestinal cytosol binding assay showed that  $1\beta\text{-OH-D}_3$  and  $1\beta,25-(\text{OH})_2\text{-D}_3$  were  $1.65 \times 10^5$  and  $3.0 \times 10^3$  times less potent than  $1\alpha,25-(\text{OH})_2\text{-D}_3$  in displacing bound  $[^3\text{H}]1\alpha,25-(\text{OH})_2\text{-D}_3$ . Our analysis of the *in vivo* biological activity of  $1\alpha,25-(\text{OH})_2\text{-D}_3$  compared with its  $1\beta$  isomer clearly demonstrates that a change in the stereochemical position of the 1-hydroxyl from  $\alpha$  to  $\beta$  completely abolishes the biological activity of  $1,25-(\text{OH})_2\text{-D}_3$ .

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